

Leadership Development Training

Ekadyu Training Program

What is Leadership?

Leadership is the ability to **influence, inspire, and guide** individuals or teams to achieve a common goal. A great leader leads by example, builds trust, and adapts to challenges.

Key Leadership Qualities

- **Confidence:** A leader believes in their abilities and inspires others.
- **Communication:** Clear and effective speaking and listening.
- **Decision-Making:** Quick thinking, problem-solving, and risk assessment.
- **Emotional Intelligence:** Understanding and managing emotions.
- **Accountability:** Taking responsibility for actions and outcomes.
- **Adaptability:** Staying flexible in challenging situations.
- **Integrity:** Doing the right thing, even when no one is watching.

Leadership Development Plan

Week	Focus Area
Week 1	Self-Assessment: Identify strengths, weaknesses, and leadership style.
Week 2	Communication: Practice public speaking, active listening, and storytelling.
Week 3	Decision-Making: Case studies, problem-solving exercises, and crisis handling.
Week 4	Teamwork & Delegation: Group activities, responsibility sharing, and trust-building.

Practical Leadership Exercises

- **Public Speaking Challenge:** Give a 2-minute speech daily on a topic of choice.
- **Problem-Solving Drill:** Solve a case study with a time limit.
- **Group Leadership Task:** Lead a small team through a project.
- **Self-Reflection:** Journal daily about leadership lessons learned.

Final Notes

Leadership is **not just a title, but a responsibility**. Consistent practice and self-improvement will make you a better leader.

****Track your progress daily & stay accountable!****

For more guidance, visit: www.ekadyu.org